From: info
To: Pam Walsh

**Subject:** FW: Health & Wellness 5km Walk/Run with ParticipACTION

**Date:** Monday, May 13, 2024 11:23:40 AM

----Original Message----

From: Charlyn Beneteau < cbeneteau@nshn.care>

Sent: Monday, May 13, 2024 10:15 AM

To: info <info@blindriver.ca>

Subject: Health & Wellness 5km Walk/Run with ParticipACTION

North Shore Health Network Foundation is currently collaborating with ParticiPACTION on an exciting initiative aimed at promoting health and wellness within our community.

As part of this initiative, we are planning to organize a 5km walk/run for fun, focused on encouraging physical activity and community engagement. One of the key aspects of our proposed route is to include a loop around the hospital. We believe this would not only provide a scenic and enjoyable route for the participants but also allow patients at the hospital, as well as and Residents at Golden Birches, to witness the fun.

However, we understand that such a route may necessitate road closures or temporary adjustments to ensure the safety and convenience of all involved. Therefore, I am reaching out to inquire about the process for setting up road closures or any necessary permits to facilitate this event.

Char Development Officer NSHN Foundation 705-356-2265 ext. 2619

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This email was sent to you by Charlyn Beneteau<a href="mailto:care">cbeneteau@nshn.care</a> through <a href="https://www.blindriver.ca">https://www.blindriver.ca</a>.